Introducing... Surgi-Sam!

A fun way to help your child understand and feel comfortable about their surgical procedure.

When your child needs surgery, it can raise fears and concerns. Fortunately, scheduling an elective procedure means that there is time to help prepare your child psychologically.

Research and experience shows that kids of all ages, as well as grown-ups, cope much better if they have an idea of what’s going to happen and why. Knowing what they may experience makes surgery much less scary and goes a long way to ease anxiety.

With the help of the pediatric surgical nurses at Lowell General, Surgi-Sam teaches children about the surgical experience in a manner that is non-threatening and understandable from a child’s perspective.

Surgery for children is scheduled at the Surgery Center at Lowell General Chelmsford as well as the main hospital. With specialized pediatric anesthesiology, experienced surgical teams, and a comfortable, child-friendly setting at both locations families trust Lowell General.

Preparing Your Child for Surgery
at The Surgery Center
at Lowell General Chelmsford

The Surgery Center at Lowell General Chelmsford
10 Research Place, North Chelmsford, MA 01863
978.275.1300 | TTY: 978.937.6889
www.lowellgeneral.org
With Surgi-Sam the monkey, we help the children learn through hands-on experiences what surgery is like. The children dress up as surgeons and go through the surgery process. They learn about the sights and sounds that they will encounter on their own day of surgery.

Pre-Op
The tour begins in the pre-operative holding area where the kids dress Surgi-Sam for surgery and can choose their flavor of anesthesia.

Surgi-Sam hopes to see you there!

PACU (Recovery Room)
After Surgi-Sam’s surgery is over it’s off the recovery room where nurses gently wake up Surgi-Sam. Here they comfort Surgi-Sam until he can see his parent.

After the tour, a short movie reinforces some of the things the children experienced and answers other questions they may have about surgery.

Participation in this program helps to reduce your child’s fear of the unknown by providing a better understanding of what he or she will experience as a patient. This makes the surgery process easier for the child and less stressful for the family, too.

Who Can Attend?
Any child who is scheduled for a procedure at the Surgery Center Lowell General Chelmsford may come, but the program is ideal for those ages 3-15. Parents, siblings, and family members are invited to join us.

Where?
Please meet at the front desk in the Surgery Center, and ask the receptionist to page Surgi-Sam and his nurse.

When?
The second and fourth Thursday of each month from 4:00-4:45pm. Reservations required. Please call 978-275-1300 as soon as possible to sign-up.