Lowell General Hospital
Rehabilitation Services
We are proud to offer our patients the latest in rehabilitation services and amenities at our new facility located at 43 Village Square in Chelmsford. The location features a sleek and modern clinical space with private rooms and treatment bays for the comfort and privacy of our patients. In addition, hours have been expanded through the evening for the convenience of our patients.

Office Hours:
Physical Therapy
Monday - Thursday: 7:00 a.m. - 8:00 p.m.
Friday: 7:00 a.m. - 4:30 p.m.
Occupational Therapy
Monday and Friday: 7:00 a.m. - 5:30 p.m.
Tuesday, Wednesday, Thursday: 7:00 a.m. - 2:00 p.m.

For questions or appointments, please call:
Physical Therapy: 978-937-6232
Occupational Therapy: 978-937-6408

A physician’s order is required.

Directions from Lowell General Hospital Main Campus
• Start out going west on Varnum Ave.
• Turn left onto Delaware Ave.
• Turn right onto MA-113/ Pawtucket Blvd.
• Turn left onto Rourke Bridge
• Rourke Bridge becomes Wood St.
• Turn left onto Westford St.
• Take the 1st right onto Stedman St.
• Turn right onto Chelmsford St/ MA-110
• Turn right onto Fletcher St.
• 43 Village Square is on your left

There is reserved parking for physical and occupational therapy patients adjacent to the building.
Women’s Health

Women’s health physical therapy focuses on treating dysfunctions of the pelvis that can lead to bowel and bladder incontinence, pelvic pain and can impair sexual health.

Lindsay Davis, PT, DPT, Women’s Health Therapist, specializes in treatment of women’s pelvic pain, urinary incontinence, and pelvic organ prolapse. Treatment includes a thorough evaluation of the pelvic floor muscles to determine muscle control and to identify which muscles are weak, tight or painful. Women’s health physical therapy consists of education and exercises to strengthen, stretch, and relax the pelvic floor, abdomen, spine, and hip. Biofeedback, manual therapy, and electrotherapy are popular tools used during treatment.

Mrs. Davis has completed Level One coursework on Pelvic Floor Function, Dysfunction, and Treatment through the Herman & Wallace Pelvic Rehabilitation Institute. She has her Bachelor of Science Degree in Exercise Science from Fitchburg State College and earned her Doctorate of Physical Therapy Degree from Husson University. Her clinical interests include sports rehabilitation and women’s health.

Hand Therapy

We are recognized for our clinical specialty in hand and upper extremity rehabilitation.

Dan Breidel, OTR/L, has advanced educational and clinical training in the field of hand therapy. Referrals for hand therapy may be requested for an injury as a result of overuse, industrial accident or any type of hand trauma.

Clinical services include:
- Hand splinting
- Strengthening and range of motion exercise programs
- Functional skills retraining
- Sensory retraining
- Scar management

Conditions Treated

We provide tailored services for a range of conditions including:

- Amputations
- Arthritis
- Cancer
- Cardiovascular/pulmonary dysfunction
- Fractures
- Gait/balance disorders
- Infant torticollis
- Joint replacements or surgery
- Lymphedema management
- Multiple sclerosis
- Muscle or joint sprains or strains
- Neurological conditions
- Parkinson’s disease
- Stroke or head injury
- Sports injuries
- Work-related injuries
- Women’s health

Occupational Therapy

Our occupational therapy program provides individually-designed treatment to help support self care such as bathing, eating, dressing, work, and leisure activities. Our therapist tailors individualized programs that stress ongoing education and support, while helping to restore function and independence.

Occupational therapy is often recommended for people who are experiencing difficulty with any activity due to:

- Arthritis
- Cardiovascular and pulmonary conditions
- Carpal tunnel syndrome and other cumulative trauma
- Hand/arm injury and/or hand surgery
- Fractures and joint replacements
- Multiple sclerosis and Parkinson’s disease
- Multiple trauma injuries
- Mental health disorders
- Visual problems
- Stroke or head injury
- Many other types of injury, illness or disability