President’s Message

Dear Auxilians,

Happy 2016! Let’s see — we have biting cold, ice on the ground and red noses. But something still seems to be missing. Oh, I know, A Winter Affair! No, we didn’t forget (but I have forgotten many other things); we unfortunately canceled due to a conflict with another nonprofit event. A Winter Affair will be back in 2017!

Even without A Winter Affair on our plate, the Auxiliary has been extra busy. The Auxiliary Board has committed to a four-year pledge totaling $500,000 to support the Healing Garden and ICU Family Corridor. The Healing Garden will be a beautiful, tranquil garden with a labyrinth, bench seating and flowing gardens that will be enjoyed by visitors, staff and patients. The ICU Family Corridor is a hall unique to most ICUs that allows visitors and family their own separate entrance to their loved one’s room and keeps them out of the clinical areas. The hall will contain seating area alcoves for family to find respite from the stresses of having someone so sick.

Our theme for 2016 seems to be beautification. On Thursday, March 17, 9 a.m. - 4 p.m., we shall spread a little beauty and joy with Daffodils and Desserts. On Monday, May 9th, the Auxiliary Lifetime Members will be immortalized in a new art display, our Tree of Life, to beautify the wall outside Clark Auditorium. See the calendar for a full listing of all our upcoming events. Why, when we are done, beauty will abound all around Lowell General Hospital.

Ode to Beauty

Oh, I have never seen a hospital ground so fair.
The healing garden and ICU look tranquil there.
Daffodils abound both inside and out,
Desserts defy the diet of both thin and stout.
Upon the wall, a tree of life does list,
Lifetime members, none of them amiss.
Our fair Lowell General, full of beauty,
Guarding community health, it’s duty.
And with this beautiful, simple ode,
I dream of spring and sink back in the cold.

Sincerely,
Carrie Meikle
President
Lowell General Hospital Auxiliary
Auxiliary Board of Directors 2015-16

Officers:

President: Carrie Meikle
Vice President: Paula Leavitt
Recording Secretary: Linda Carson
Corresponding Secretary: Pauline Lambert
Treasurer: Pam White
Assistant Treasurer: Jan Demetriou
Immediate Past President: Mary Bennett

Lea Cahill
Susan Dionne
Linda Chemaly
Joy Deschene
Carol Gilchrist
Deborah Lemos
Terry O’Connor
Trish O’Donnell
Alexandria Regan
Kathy Rhodes
Elaine Zouzas Thibault
Deborah Trull

For more information about joining the Lowell General Hospital Auxiliary, please contact the Philanthropy Office at 978-937-6696 or visit us online at www.lowellgeneral.org/auxiliary1.

Event Invitation for Members

The Lowell General Hospital Auxiliary will hold its annual membership event Thursday, April 14, 2016, from 5:30 to 7:30 p.m. at the historic Whistler House in Lowell.

Auxiliary members are encouraged to invite a friend or acquaintance to join us, meet members of the Auxiliary Board, learn about the Auxiliary’s support of our Hospital, and hear about events the Auxiliary sponsors throughout the year. Guests will learn about the Auxiliary’s past efforts and accomplishments and hear about our current pledge to raise $500,000 to support the patients and families at Lowell General Hospital.

Light hors d’oeuvres and wine will be served.

The Auxiliary is grateful to Terry O’Connor for sponsoring and hosting this event.

Membership

Auxiliary membership has benefits beyond the pride one feels by being a member of a dynamic group of community leaders joined to support our world class community hospital. Auxiliary Members receive a 10% discount on future purchases in the Lowell General Hospital gift shop.

<table>
<thead>
<tr>
<th>Annual Membership</th>
<th>Lifetime Membership</th>
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</thead>
<tbody>
<tr>
<td>Individual $30</td>
<td>Individual $300</td>
</tr>
<tr>
<td>Family $45</td>
<td>Family $500</td>
</tr>
</tbody>
</table>

Lifetime members will be recognized on the membership plaque to be installed outside Clark auditorium. The plaque will be dedicated on May 9th at our annual meeting.

Membership dues are tax deductible.
Gilchrist Family Honored

On Monday, February 8, 2016 board members of the Auxiliary, members of the Pediatric nursing team and Philanthropy along with hospital executives Jody White, Amy Hoey, Cece Lynch and Sabrina Granville honored Carol Gilchrist and the Gilchrist family for their generosity over the year to Lowell General Hospital.

A plaque was placed at The Children’s Place nurses’ station commemorating the family for all they have done for the sick children of Greater Lowell. Carol’s latest donation of a new blanket warmer for the unit was unveiled as well. Carol, her late husband Dr. Michael Gilchrist and son Dr. Mark Gilchrist embody the spirit of giving and are not only generous to Lowell General Hospital, but the community as well.

We need your help!

Your baked goods and donations are what help us succeed. Proceeds from daffodils, baked goods and gift baskets will be donated for patient needs at the Cancer Center at Lowell General Hospital.

Please consider a donation or volunteering on that day.

To help or to donate contact:

Main Campus:
Pauline Lambert at 978-256-9156 or email voleven@aol.com

Saints Campus:
Mary Bennett at 978-250-1615 or email marybennettp@hotmail.com

Pre-Order Daffodils

Daffodils can be pre-ordered by calling Valerie Rivera at the Saints campus Gift Shop: 978-934-8499

Daffodil Bunch: $10
Pot of Daffodils: $12

Daffodils & Desserts
March 17th, 9 a.m. - 4 p.m.
Main Campus Dahod Lobby and Saints Campus Lobby

With the anticipated arrival of Spring, our Auxiliary Board is busy preparing for the annual “Daffodils and Desserts” fundraiser. Offered will be daffodil bouquets, potted daffodils, Easter baskets and goodies as well as green carnations in honor of St. Patrick’s Day!

Last year the Auxiliary raised a net profit of $5,500, directly benefiting Lowell General Hospital's Cancer Center. Proceeds were used to purchase Snowball Chairs (bariatric chairs), 250 books for the Palliative Care Department and 20 complete Thanksgiving and Christmas dinners for the use of cancer patients and their families. Additionally, the Auxiliary matched up to $5,000 for TeamWalk.

In total, the Lowell General Hospital Auxiliary donated over $10,000 for cancer patients in our community.

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Our Philanthropic Supports for Lowell General Patients and Families

Auxiliary Pledges $500,000 for Intensive Care Unit (ICU) Expansion and Healing Garden

The Auxiliary has always been a big supporter of facilities expansion projects at Lowell General Hospital, and is happy to announce it will continue this legacy by supporting the next major capital project, the expansion of the ICU at the hospital's main campus. The $5 million project, which is expected to be completed by December 2016, will add a second ICU below the existing unit to allow the hospital to grow its breadth and scope of critical care services.

Currently, there are 12 ICU beds at the hospital's main campus and 11 ICU beds at the Saints Campus. The project will renovate former emergency room space in the hospital’s Hanchett Building into an expanded 12,000 square foot ICU unit with 11 beds, providing improved access and the latest technology to help critically-ill patients.

The Auxiliary has pledged funding to help with the construction of a 3,000-square-foot outbound family corridor, which allows families private access to patient’s rooms without having to pass through the unit and busy nurses’ stations. This corridor is vital for families in helping to provide a quiet healing environment for loved ones, as well as maintaining privacy and easing stress of coping with serious illness.

We are excited to be part of this new project at Lowell General Hospital.
In addition to helping fund amenities for the new family corridor, the Auxiliary’s $500,000 four-year pledge will support construction of the new 5,500 square foot Healing Garden in the adjacent outdoor space. It will be a reflective space for families when their loved ones are quite ill.

The tranquil garden will have a labyrinth, bench seating, and flowing gardens to be enjoyed by patients, staff, and visitors. The goal of the healing garden is to provide a quiet, meditative space to ease the stress of illness.

Research conducted by Dr. Herbert Benson at the Harvard Medical Schools’ Mind/Body Institute has found that focused walking meditations are highly efficient at reducing and eliciting what Dr. Benson calls the “relaxation response”. This effect has significant long-term health benefits, including lower blood pressure and breathing rates, reduced incident of chronic pain, reduction of insomnia, and many other benefits.

A labyrinth is different from a maze, though the two are often confused. While a maze tries to confuse you by leading down blind alleys and into dead ends, the labyrinth is a single winding path that always leads to the center. You return by following the same path out.

We hope you take the time to visit our new Healing Garden and enjoy its peace and tranquility.
The Gift Shops had another strong holiday season and in early January the shelves were quite bare! We are receiving new shipments and are busy merchandising many cute new items of clothing, accessories, handbags and jewelry! Thank you to everyone who volunteered at our Holiday Festivals; they were fun, festive and profitable!

**CatWalk for CancerCare**

This year, we are excited to be participating in CatWalk for CancerCare on April 8th at Lenzi’s. This is the fifth anniversary of this wonderful fashion show benefiting the Lowell General Hospital Cancer Center, and our first year participating. We are excited to share new fashions by our Gift Shop retailers, and strut our stuff down the runway for this great cause! We are working hard at planning our outfits, from top to bottom, or hats to shoes (or flip flops in some cases!). If you are interested in attending the CatWalk for CancerCare please contact Robert Orr at Exhale Hair Studio at (978) 399-8262.

**Join Our Email List**

If you have not joined our VIP Email list, please do so by emailing Valerie.Rivera@lowellgeneral.org. This is a great way to be in the know about new arrivals, sales and special events at the shop. Please also follow us on Instagram at @lowellgeneralhospitalgiftshops and on Facebook at Lowell General Hospital Auxiliary Gift Shop. We are seeing more customers come in to the hospital just to shop and we are working hard to spread the word. Please help us by following us and sharing our fun posts!

**Volunteer!**

Are you looking for something fun and rewarding to do in your spare time? We are looking for energetic ladies who love fashion and shopping and are willing to commit to four hours a week volunteering in the Main campus shop.

If interested, please contact Donna at Donna.Thoene@lowellgeneral.org.

**10% OFF**

All Auxiliary members receive a 10 percent discount at the gift shop.
On October 25th the Auxiliary had a very successful 29th Annual Taste of the Town! Fourteen restaurants provided wonderful culinary creations for all to enjoy!!

The festivities included the Parade of Chefs, a live auction and 19 raffle baskets. The evening’s featured auction item, generously donated by Atlas Travel, John and Elaine Thibault, Dr. and Mrs. Eric Meikle and Plaza Limousine, was a fall cruise aboard the Royal Caribbean for two adults, including an ocean view room for 4-5 nights, two $500 AMEX gift cards and round trip airport transportation.

The following restaurants and caterers were the People’s Choice Award winners:

**Best Appetizer:** Rock and Rye Glazed Pork Belly Lettuce Wraps by PigTale Restaurant

**Best Entrée:** Asian Chicken and Waffles by Two Chefs are Better than One

**Best Dessert:** Baked Alaska by Bishop’s Legacy Restaurant

**Best Table Presentation and Décor:** Two Chefs are Better Than One.

We would like to thank the following participants for their hard work and generosity.


**30th Annual Taste of the Town — Sunday, October 23, 2016**

Make sure to mark your calendars, as the Auxiliary is busy planning what is sure to be a special celebration! Thirty years ago the women of the Auxiliary took a leap to plan what was then a very unique event. From the humble beginnings a the Hellenic School Hall to the current venue, the UMass Lowell Inn and Conference Center, with a sellout of 400 guests, we have come a long way, but our mission still holds true. We hope you will want to join us for this very special evening.
Calender
March 17, 2016
Daffodils and Desserts
Main & Saints campus

April 14, 2016
Membership Open House
Whistler House
5:30 p.m. – 7:30 p.m.

April 22, 2016
Spring Book Fair (Saints campus)

April 26 & 27, 2016
Spring Book Fair (Main campus)

May 9, 2016
Annual Meeting
Lifetime Membership Unveiling
Clark Auditorium (Main campus)

September 21-23, 2016
Fall Book Fair (Main campus)

October 23, 2016
30th Anniversary
Taste of the Town

November 17 & 18, 2016
Festival of Holidays
Clark Auditorium (Main campus)

December 6 & 7, 2016
Winter Book Fair (Main campus)

December 8, 2016
Festival of Holidays
(Saints campus)

December 13, 2016
Winter Book Fair (Saints campus)

December 14, 2016
Winter Book Fair (Tyngsboro)

Raffle Winners

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<thead>
<tr>
<th>Date</th>
<th>Prize</th>
<th>Donated By</th>
<th>Winner</th>
</tr>
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<tbody>
<tr>
<td>January 1</td>
<td>$500 Cash Prize</td>
<td>Dr. Mark Gilchrist</td>
<td>Brendan Riley</td>
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<tr>
<td>January 2</td>
<td>Four Ski/snowboard Passes</td>
<td>Lowell General Hospital</td>
<td>Patricia Fadden</td>
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<tr>
<td>January 3</td>
<td>$100 Blue Taleh Gift Card</td>
<td>Donated by John &amp; Linda Carson</td>
<td>Christine Desmond</td>
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<td>January 4</td>
<td>Bianco's Catering Valentine Dinner for Two</td>
<td>Donated by Bianco's Catering</td>
<td>Kelly Will</td>
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<td>$50 Dunkin Donuts Gift Card</td>
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<td>Sheila Morehouse</td>
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<td>January 6</td>
<td>$50 VISA Gift Card</td>
<td>Donated by Chelmsford Pediatrics</td>
<td>Mary Silva</td>
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<td>January 7</td>
<td>$50 Rufina's Restaurant Gift Card</td>
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<td>Ray Scott</td>
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<td>January 8</td>
<td>$50 Market Basket Gift Card</td>
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<td>Samantha Hall</td>
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<td>January 9</td>
<td>$50 Ann Taylor Gift Card &amp; Style Party</td>
<td>Donated by Ann Taylor - Burlington</td>
<td>Gail Narus</td>
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<td>January 10</td>
<td>$100 TJX Gift Card</td>
<td>Donated by MEC</td>
<td>Celia Kampner</td>
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<td>January 11</td>
<td>$50 Fishbones Restaurant Gift Card</td>
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<td>Kelley Michaud</td>
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<td>$50 Hamel Brothers Gift Card</td>
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<td>Joanne Pendergast</td>
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<td>$50 Cash</td>
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<td>Maura Sweeney</td>
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<td>January 14</td>
<td>$50 Olive Garden Gift Card</td>
<td>Donated by Riverside Medical Group</td>
<td>Amy Marion</td>
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<td>January 15</td>
<td>$50 Gift Card to Cobblestones or Moonstones</td>
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<td>January 16</td>
<td>Four MRT Passes</td>
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<td>Collette Bilodeau</td>
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<td>January 18</td>
<td>$50 Bahama Breeze Gift Card</td>
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<td>Stephanie Stacy</td>
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<td>January 19</td>
<td>$50 Mariano’s Gift Card</td>
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<td>Eileen Berube</td>
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<td>January 20</td>
<td>$50 VISA Gift Card</td>
<td>Chelmsford Pediatrics</td>
<td>Paula Rousseau</td>
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<td>January 21</td>
<td>$50 Surf/MT’s Local Gift Card</td>
<td>Plaza Limousine</td>
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<td>$50 Burton’s Grill Gift Card</td>
<td>Riverside Medical Group</td>
<td>Miriam DeSantis</td>
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<td>January 23</td>
<td>Paint Night for Two at Markus &amp; Leslie</td>
<td>Donated by Carol Gilchrist</td>
<td>Lisa Caradonna</td>
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<td>January 24</td>
<td>Emma Fox Leather Crossbody Purse</td>
<td>KAF Group</td>
<td>LeeAnne Markham</td>
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<td>January 25</td>
<td>$50 Parlee Farms Gift Card</td>
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<td>Christina Guilmette</td>
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<td>January 26</td>
<td>$50 Bailey’s Bar Gift Card</td>
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<td>January 27</td>
<td>$100 Cash</td>
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<td>Omer Page</td>
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<td>January 28</td>
<td>$50 Zesty’s Pizza Gift Card</td>
<td></td>
<td>MaryAnn Walsh</td>
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<tr>
<td>January 29</td>
<td>Dinner for Two at 50 Warren</td>
<td>Donated by UMass Lowell ICC</td>
<td>Maureen Cook</td>
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<tr>
<td>January 30</td>
<td>Two Bruins Tickets</td>
<td>Trinity EMS</td>
<td>Jamie Trotter</td>
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<tr>
<td>January 31</td>
<td>$500 Cash Prize</td>
<td>Donated by Mark Gilchrist</td>
<td>Donna Forte</td>
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