



Breast Health Navigator Ruth Hinde-Moura , RN, MSN, ANP and Mammography Supervisor Rebecca Uphold, RT(R)(M) with a digital mammography unit at the Breast Imaging Center at Lowell General Hospital

The Breast Health Navigator Program

Breast Cancer is the second most common cancer diagnosed in American women today. The American Cancer Society estimates that over 200,000 women and 1,600 men will be diagnosed with breast cancer this year.

Lowell General Hospital strives to meet and exceed the needs and expectations of our patients. For that reason, we are pleased to offer the services of our Breast Health Navigators (BHN). The goal of the Breast Health Navigator program is to provide patients with a seamless delivery of breast health care.

What is the Role of the Breast Health Navigator?

The Breast Health Navigator (BHN) is a licensed healthcare provider with experience in women's health and oncology (cancer care). Her role is to serve as an expert reference and guide for our patients in all aspects of their breast care. From the time of an abnormal mammogram, the BHN will work with the patient and family members to provide support and education and to assist in the delivery of comprehensive breast care at Lowell General Hospital.

The Breast Health Navigator's duties include:

- Obtaining a focused patient history
- Assisting women in the interpretation and understanding of test and pathology results
- Ordering necessary tests as needed
- Facilitating the scheduling of appointments and referrals
- Serving as a resource to patients, their family and staff within Lowell General Hospital and the community

Comprehensive Care: Screening and Diagnosis

Lowell General Hospital is proud to provide comprehensive breast care. Our team of healthcare professionals including radiologists, registered mammogram technologists, ultrasonographers, pathologists and surgeons work together to provide breast screening and timely diagnosis and treatment of breast abnormalities.

Lowell General Hospital is pleased to offers these screening and diagnostic tools for our patients:

- Digital Mammography
- 3D Mammography (tomosynthesis) – Saints Campus and Women's Imaging in North Andover
- Ultrasound
- Breast MRI
- Minimally invasive procedures
 - Stereotactic and ultrasound guided needle biopsies
 - MRI-guided biopsy
 - Ultrasound guided cyst aspiration

Comprehensive Care: Cancer Treatment

Patients diagnosed with breast cancer will receive outstanding clinical care at The Cancer Center at Lowell General Hospital. The Cancer Center is recognized as a leading regional provider of comprehensive cancer care services. Our goal is to improve both the quality of life

and health status of cancer patients in our community. Our multi-disciplinary team is experienced in the treatment of breast cancer, and includes board-certified medical oncologists and radiation oncologists, experienced surgeons, certified nurse practitioners, social workers, and nurses with advanced training and certification. Other important team members include registered dietitians, rehabilitation services (occupational and physical therapy) and a supportive office staff committed to your care.

In addition, The Cancer Center offers cancer education and support to the community through a wide variety of programs, including breast cancer support groups and health and wellness programs, designed to treat the whole patient and improve both the quality of life and health status of those with cancer.

The Breast Health Navigator may be reached by calling: 978-788-7217 or the Department of Radiology: 978-937-6240



Members of the Cancer Center team at Lowell General Hospital

Services At A Glance

Imaging Services

Breast Health Navigator

Minimally Invasive Biopsies

Screening and Diagnostic Mammography

X-ray, Ultrasound, CT Scan, MRI

Cancer Center Services

Access to Exercise and Wellness Programs

Clinical Research

Genetic Testing

High-risk Clinic

Lymphedema Clinic

Occupational and Physical Therapy

Oncology Services

On-site Boutique

On-site Lab

On-site Nutrition Consultation

Positron Emission Tomography (PET)

Psychological Counseling

Radiotherapy

Surgical Referral

Support Programs for Patients, Family
and Children

Free and Convenient Parking



A Message from the Cancer Center Director

Dr. Murat Anamur

At The Cancer Center at Lowell General Hospital, we are committed to serving the healthcare needs of our patients and community. We offer

enhanced access to breast cancer prevention, early detection, state-of-the-art comprehensive treatment options, and expert staff leading the way to improve the well-being and outcomes of our patients. We are dedicated to offering our patients the best care possible, putting patients first in everything we do.

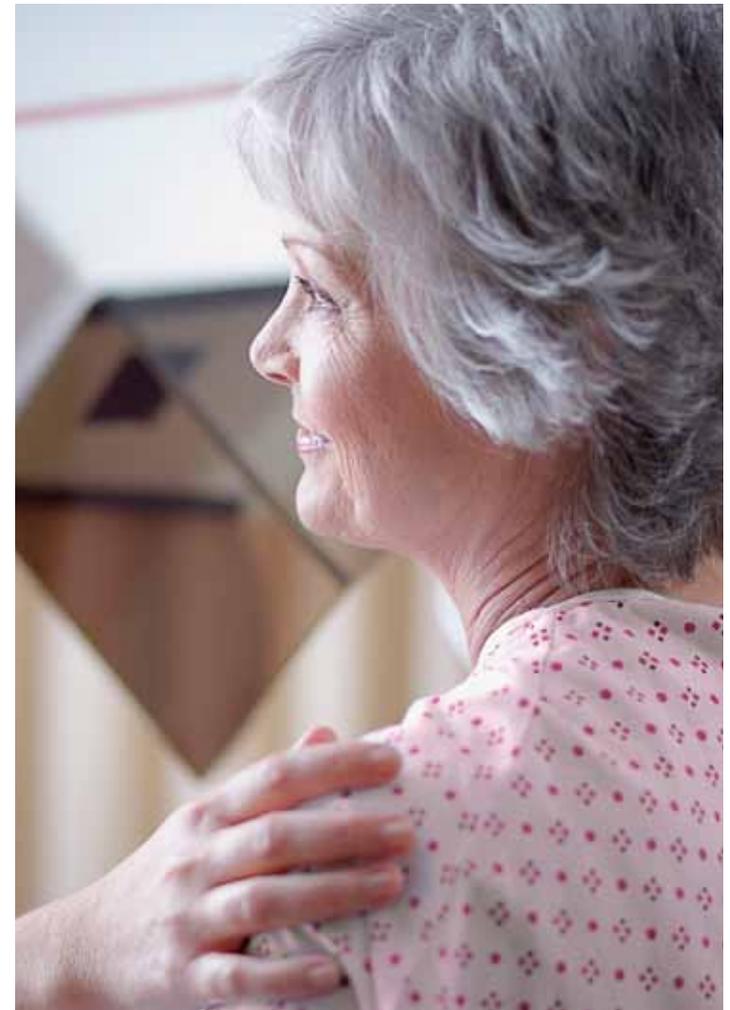


A Message from the Director of Breast Imaging

Dr. Jill Steinkeler

Lowell General Hospital is one of only 43 facilities in the state named a Breast Imaging Center of Excellence by the American College of Radiology, a distinction

held by less than 25% of breast imaging facilities in Massachusetts. Over 10,000 examinations are done yearly in the Department of Radiology, utilizing state-of-the-art equipment including dedicated 2nd and 3rd digital mammography units, four ultrasound scanners and breast MRI. The breast imaging radiologists and experienced technologists collaborate with a multi-specialty team including breast surgeons, pathologists, medical and radiation oncologists to provide advanced diagnostic care to our patients. Our goal is to make each patient's visit as personal and pleasant as possible.



Breast Health Navigator Program



A CIRCLE HEALTH MEMBER
Complete connected care™

**The Breast Health Navigator
Department of Radiology**

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